

## *What is a Health Services Plan?*

CMDHB is currently engaged in a Health Services Planning Process that is looking forward 20 years, at the health services funded within the district and the way those services are likely to be delivered.

CMDHB is required to fund health services to the population that it serves – that's around 443,000 people. While many services are delivered by CMDHB staff, the other services we fund are delivered by providers including GPs, practice nurses, non-government organisations and private providers.

Stage One of the health services plan will be completed by June 2007 with eight work streams set up as part of the process. The streams cover elective services, maternity, development of primary and community health centres, access to after hours GP services, adult mental health and psychogeriatrics, as well as rehabilitation for both ATR and Spinal Services.

The Models of Care (the way in which services are delivered) for the next twenty years, take into account changes and developments likely to occur along the way. While forecasting changes in population and changing needs can be fairly accurately predicted, there will be multiple changes in the way care is delivered - due to clinical trends, introduction of new technologies, physical or human resource capacity and ensuring continuous quality improvement in health services.

Care will become increasingly ambulatory and community-based and we expect many changes in workforce composition over the next twenty years to meet the needs of the local population. The above work streams are included in Stage One of the Health Services Planning process, but all health services for the people of Counties Manukau will be incorporated in subsequent stages of Health Services Planning. For more information on Health Services Planning, please contact Alan Wilson, HSP Project Manager ([WilsonA@middlemore.co.nz](mailto:WilsonA@middlemore.co.nz)) or Chris Mules, Chief Planning and Funding Officer ([cmules@middlemore.co.nz](mailto:cmules@middlemore.co.nz))