

## COPD Desired patient outcomes

Wherever possible as a result of intensive regular review and management patients will report that:

They have a good understanding of their COPD – i.e. comprehension of their disease.

They understand their role in managing their condition (Action plan and wellness plan)

Understand their medication, how it works and when it should be taken

They are satisfied with their health care.

They should also:

Be a non-smoker/drink alcohol safely

Participate in >30 minutes of physical activity every day

Have a healthy diet (small, regular meals)

Be on the practice recall for influenza vaccination

Be on the practice recall for the pneumococcal vaccine