

## REGISTRATION FORM

### 5. HEALTHY LIFESTYLE BREAKOUT SESSION

What healthy lifestyle topics would you be most interested in learning more about? (Please tick 2 boxes)

- Nutrition
- Physical Activity
- Quitting Smoking
- Healthier Weight
- Health Risk Assessment

### 6. YOUTH AGE GROUPS BREAKOUT SESSION

If you are a youth delegate, what age group do you belong to?

- 13 – 15 years
- 16 – 18 years
- 19 – 21 years
- 22 – 24 years

### 7. SYMPOSIUM DINNER

The Symposium dinner will be held at 7.00pm on Wednesday 22nd November 2006 at the Telstra Clear Pacific Events Centre.

**Dinner tickets will cost \$10 per person for church and community representatives, and can be purchased on day one of the symposium.**

You must indicate on the form whether you wish to attend:

- Yes I will attend the Symposium dinner
- No I will not be present at the Symposium dinner

*Please ensure you fill out all information on the registration form, tear off, fasten and post (no stamp required). Alternatively, you can drop off your registration form to:*

*CMDHB Offices  
19 Lambie Drive, Manukau City.  
Or fax it to: 09-262-9501.*

**FOR MORE INFORMATION PLEASE CALL: (09) 262-9500**

No stamp  
required

Free Post Number 190151

**Pacific Health Symposium**

Counties Manukau District Health Board  
Private Bag 94052  
South Auckland Mail Centre

## LAUNCH OF LOTUMOUI GRANT

A second Grants Scheme will be launched to provide future opportunities for Pacific churches to implement healthy lifestyle programmes that are consistent with government's objectives for healthier living.

## CHURCH PRESENTATION

LotuMoui churches will have the opportunity to highlight some of their innovations, successes and key learnings from the implementation of their LotuMoui programmes.

## MARKET PLACE

There will be a Pacific style market place set up to provide opportunities for Symposium delegates to receive key health-related information from a range of government agencies and community health providers.

## REGISTRATION

To attend the LotuMoui Symposium, please fill out the attached registration form, tear off, fasten with tape and post (no stamp required).

**You MUST register before 5.00pm on Friday 10th November 2006.** Be in quick as there are only a limited number of places available for the Symposium.

## Registration Cost

Registration for church representatives is free.

**For more information please call: 09 262 9500.**



Healthier Lifestyles:  
Planning for the next generation  
of Pacific peoples



# PACIFIC HEALTH SYMPOSIUM

22<sup>nd</sup> & 23<sup>rd</sup> November 2006  
TelstraClear Pacific Events Centre, Manukau City

## Registration Form



"Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers" 3 John 1:2

To strengthen partnerships between the Counties Manukau District Health Board and Pacific Churches to work together to improve the health status and wellbeing of Pacific peoples.

## talofa lava, kia orana, malo e lelei, fakaalofa lahi atu, taloha ni and Pacific greetings

Counties Manukau District Health Board (CMDHB) is pleased to host the Pasefika LotuMoui Health Symposium 2006. The two-day event will target leaders of churches, religious and faith groups of Pacific communities in the Counties Manukau District. The inspiration for LotuMoui arose from the many community meetings where Pacific peoples expressed the importance for organisations and agencies such as CMDHB to work alongside Pacific churches to have effective reach and connection with Pacific individuals and families.

### SYMPOSIUM OBJECTIVES

- **Strengthen** partnerships between CMDHB and Pacific church, religious and faith leaders in the Counties Manukau District to work together to improve the health status and wellbeing of Pacific peoples;
- **Inform** Pacific church leaders about key health developments, programmes and strategic priorities which will impact on Pacific peoples in Counties Manukau;
- **Share** innovations and successes of church-based healthy lifestyle programmes which have resulted as part of the LotuMoui Health Grant; and,
- **Agree** commitments to improving health outcomes for Pacific young people and their families in Counties Manukau.

### SYMPOSIUM THEME

Healthier Lifestyles: Planning for the next generation of Pacific peoples.

### BREAKOUT SESSIONS

During the Symposium, delegates will be able to discuss key issues related to leading healthier lifestyles. Delegates will also be asked to consider church-based solutions to addressing lifestyle issues.

### YOUTH STREAM

13 years – 24 years

Young people will have the opportunity to represent their churches in a youth stream which will run parallel to the main Symposium proceedings. They will discuss and debate lifestyle issues for Pacific young people in South Auckland and feedback their solutions to the wider delegation.



### Details

The Symposium will be held on Wednesday 22nd and Thursday 23rd November 2006 at the TelstraClear Pacific Events Centre, 770-834 Great South Road, Manukau City.

### REGISTRATION FORM

Please tick:

- I am attending as a church representative
- I am attending as a youth church delegate (aged 13 – 24 years)
- I am attending as a community provider representative

#### Note:

If you are attending as a government agency representative you will need to fill out the online registration form at [www.cmdhb.org.nz/pacific](http://www.cmdhb.org.nz/pacific).

Please print clearly and tick the appropriate boxes.

### 1. CONTACT DETAILS

Title: \_\_\_\_\_ First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Postal Address: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

### 2. CHURCH DETAILS

Name of church: \_\_\_\_\_

\_\_\_\_\_

Denomination: \_\_\_\_\_

Are you a Minister or a Pastor of a Church?

- Yes  No

Is your church in the Counties Manukau area?

- Yes  No

### 3. COMMUNITY PROVIDER DETAILS

If you are attending on behalf of a community provider, what is the name of the organisation you are representing?

### 4. ETHNIC GROUP BREAKOUT SESSION

If you are a church or community representative (aged 25+), what ethnic-specific workshop will you attend?

- Samoan
- Cook Islands
- Tongan
- Niuean
- Tokelauan
- Pan-Pacific (English speaking)

